**Suggested Reading Material for PTS**

UNIT 1 – Introduction

Psychology as a Science (Debate)

<https://www.psychologytoday.com/us/blog/theory-knowledge/201601/the-is-psychology-science-debate>

<http://open.lib.umn.edu/intropsyc/chapter/1-1-psychology-as-a-science/>

Barnum Effect

<http://www.howtogetyourownway.com/effects/barnum_effect.html>

Piaget’s Theory of Cognitive Development

<https://www.simplypsychology.org/piaget.html>

Schema

<https://www.verywellmind.com/what-is-a-schema-2795873>

Cognition

<https://www.sciencedaily.com/terms/cognition.htm>

Top-down and Bottom-up Processes

<http://www.indiana.edu/~p1013447/dictionary/top_down.htm>

<http://openpsyc.blogspot.com/2014/06/bottom-up-vs-top-down-processing.html>

UNIT 1 – Perception

Perception, Gestalt Laws of Grouping and Constancies

<https://courses.lumenlearning.com/boundless-psychology/chapter/introduction-to-perception/>

Perception, Movement and Form Perception

<http://www.psychologydiscussion.net/perception/perception-meaning-definition-principles-and-factors-affecting-in-perception/634>

Attention

<https://www.verywellmind.com/what-is-attention-2795009>

<https://courses.lumenlearning.com/boundless-psychology/chapter/attention/>

UNIT 1 – Learning

<https://faculty.washington.edu/robinet/Learning.htm>

Classical Conditioning

<https://www.simplypsychology.org/classical-conditioning.html>

<https://www.verywellmind.com/classical-conditioning-2794859>

Operant Condition

<https://www.simplypsychology.org/operant-conditioning.html>

<https://www.verywellmind.com/operant-conditioning-a2-2794863>

Reinforcement and Punishment

<https://bcotb.com/the-difference-between-positivenegative-reinforcement-and-positivenegative-punishment/>

Observational Learning

<https://www.psychestudy.com/behavioral/learning-memory/observational-learning>

<https://www.simplypsychology.org/bandura.html>

Criminal Behavior and Learning Theories

<https://scholarlycommons.law.northwestern.edu/cgi/viewcontent.cgi?article=5312&context=jclc>

UNIT 1 – Memory

<https://courses.edx.org/c4x/SMES/PSYCH101x/asset/Introduction_to_Psychology-Ch._8.pdf>

<http://ncert.nic.in/ncerts/l/kepy107.pdf>

<https://courses.lumenlearning.com/boundless-psychology/chapter/introduction-to-memory/>

<https://www.simplypsychology.org/memory.html>

<https://www.simplypsychology.org/multi-store.html>

Constructive Nature of Memory

<https://study.com/academy/lesson/the-constructive-nature-of-memory.html>

Eye witness Memory

<https://www.simplypsychology.org/eyewitness-testimony.html>

UNIT 1 - Motivation and Emotion

Moods Vs Emotion

<http://www.differencebetween.net/language/difference-between-mood-and-emotion/>

Elements of Emotions

<https://www.verywellmind.com/what-are-emotions-2795178>

Maslow’s Hierarchy of Need

<https://www.simplypsychology.org/maslow.html>

<https://www.managementstudyguide.com/maslows-hierarchy-needs-theory.htm>

<https://www.psychologytoday.com/us/blog/hide-and-seek/201205/our-hierarchy-needs>

Freud Psychoanalysis

<https://www.simplypsychology.org/Sigmund-Freud.html>

<https://courses.lumenlearning.com/boundless-psychology/chapter/psychodynamic-perspectives-on-personality/>

<https://positivepsychologyprogram.com/psychoanalysis/>

UNIT 1 – Problem Solving

Cycle of Problem Solving

<https://www.psychestudy.com/cognitive/thinking/psychological-steps-problem-solving>

Strategies of Problem Solving

1. Means- End Analysis –

<https://www.toolshero.com/problem-solving/means-end-analysis-mea/>

1. Working Backward –

<http://www.1000ventures.com/business_guide/crosscuttings/problem_solving_workback.html>

<https://econsultancy.com/why-the-working-backwards-method-is-key-to-a-superior-customer-experience/>

1. Generate and Test Technique

<http://egyankosh.ac.in/bitstream/123456789/20726/1/Unit-2.pdf>

Blocks to Problem Solving

1. Functional Fixedness

<https://psychologenie.com/what-does-functional-fixedness-mean-in-psychology>

1. Mental Sets

<https://www.verywellmind.com/what-is-a-mental-set-2795370>

1. Incubation Effect

<https://www.spring.org.uk/2012/07/the-incubation-effect-how-to-break-through-a-mental-block.php>

UNIT 2 – Social Cognition

Schema

<https://www.verywellmind.com/what-is-a-schema-2795873>

Heuristics

<https://www.thoughtco.com/heuristics-psychology-4171769>

<https://www.verywellmind.com/what-is-a-heuristic-2795235>

UNIT 2 – Social Influence

<https://www.simplypsychology.org/a-level-social.html>

Conformity

<https://www.verywellmind.com/what-is-conformity-2795889>

<https://www.britannica.com/topic/conformity>

Compliance

<https://www.simplypsychology.org/compliance.html>

<https://www.verywellmind.com/what-is-compliance-2795888>

Obedience

<https://www.simplypsychology.org/obedience.html>

<https://www.verywellmind.com/what-is-obedience-2795894>

UNIT 2 – Group Dynamics

<https://www.referenceforbusiness.com/management/Gr-Int/Group-Dynamics.html>

<http://www.yourarticlelibrary.com/management/group-dynamics-its-characteristics-stages-types-and-other-details-management/5363>

UNIT 3 – Technology Health and Well-being

Stress

<https://courses.lumenlearning.com/intropsychmaster/chapter/what-is-stress/>

<https://opentextbc.ca/introductiontopsychology/chapter/15-2-stress-and-coping>

<https://explorable.com/stress-and-cognitive-appraisal>

<https://www.mentalhelp.net/articles/types-of-stressors-eustress-vs-distress/>

Adjustment and Adaptation

<http://www.studiestoday.com/download-book/cbse-class-12-psychology-adaptation-and-adjustment-211498.html>

Coping

<https://courses.lumenlearning.com/boundless-psychology/chapter/coping-with-and-managing-stress/>

<https://opentextbc.ca/introductiontopsychology/chapter/15-2-stress-and-coping/>

<https://www.simplypsychology.org/stress-management.html>

UNIT 4 – Technology and Society

Technology and Human Evolution

<https://www.nationalgeographic.com/magazine/2017/04/evolution-genetics-medicine-brain-technology-cyborg/>

<https://medium.com/@manuj.aggarwal/technological-advances-and-its-effects-on-human-evolution-5329718639e7>

<https://www.makeuseof.com/tag/technology-may-influencing-human-evolution/>

Connected yet alone

<https://wsimag.com/science-and-technology/20515-connected-yet-lonely>